

Presenting an optimal way to stay healthy



OptimHealth: A new range of Health Supplements

Optimal nutrition is the key to healthy living. Nutritional deficiencies can lead to health conditions such as loss of energy, increased susceptibility to diseases, high stress, digestion problems, weight gain, unhealthy blood sugar levels and heart related issues. The new OptimHealth range of health supplements helps you meet your body's complex nutritional needs through effective combinations of leading edge scientific nutrients and time-tested ayurvedic ingredients. Formulated by experts trained in ingredient safety and efficacy, each supplement is targeted at a specific health condition. Adding OptimHealth to your daily diet along with regular food and exercise can help you stay healthy and active. OptimHealth supplements* are natural, safe and suitable for all men and women. So go ahead and get OptimHealth today and look forward to a healthier and confident tomorrow.

www.optimhealth.in

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Available at select stores of Godrej Nature's Basket, Health & Glow, HyperCITY, Religare Wellness.
Also available at other leading chemists and department stores.

optim
HEALTH™
Trusted nutrition for naturally healthy living
Proprietary Food | Health Supplement

 100% vegetarian
From **AVT Natural**

*Not for medicinal use