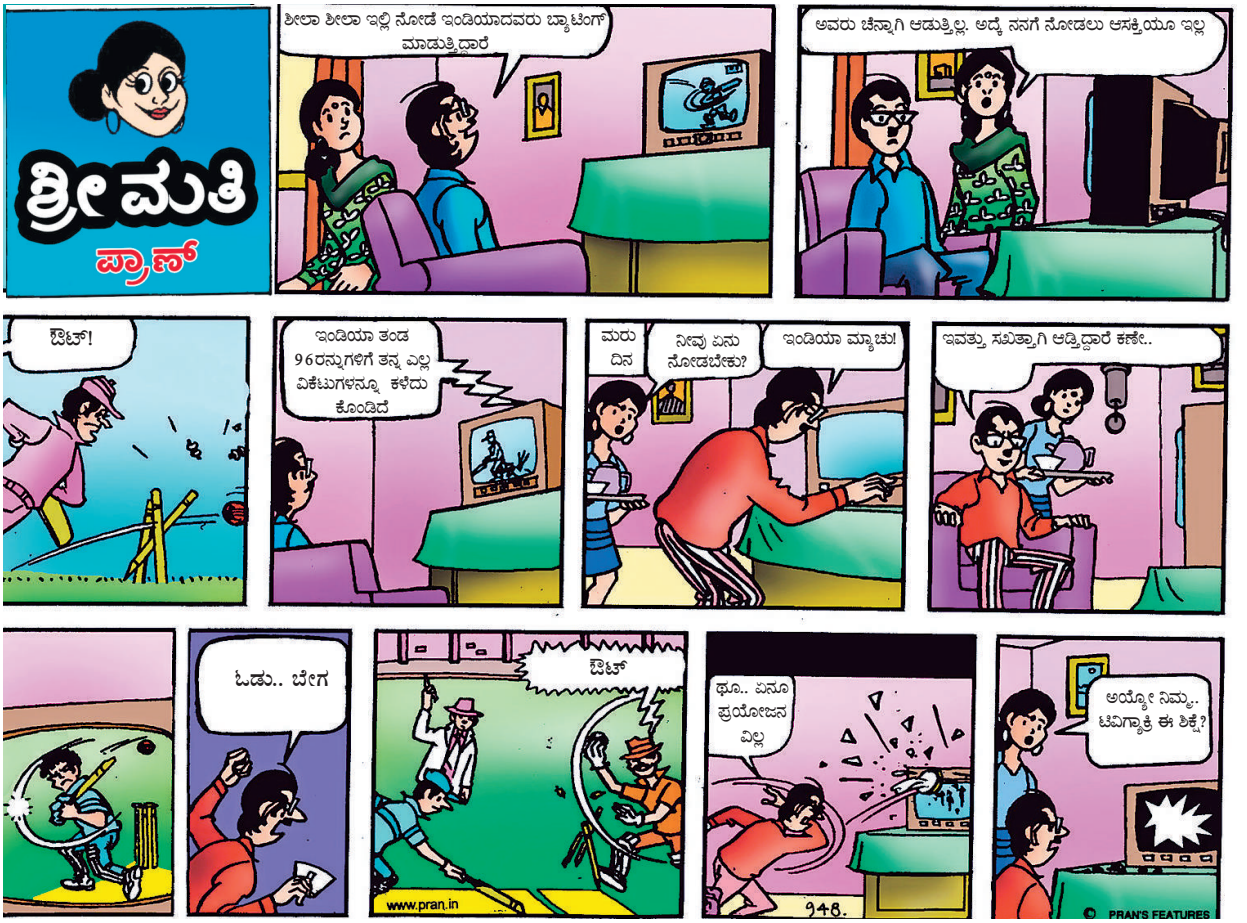
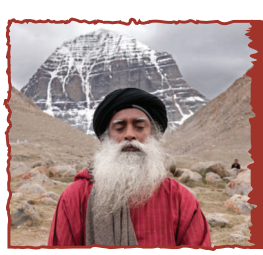


The Isha Sojourn at Mount Kailash & Lake Manasarovar with the Grace and Guidance of Sadhguru

In all its intensity, experience the mystical power of Mount Kailash and Lake Manasarovar in ***Tibet,*** a land of ancient mystique. Be part of a journey, which allows you to experience the varied facets of these sacred places in the company of a Master, an enlightened being, giving life a deeper meaning.

In a ***Sathsang*** with ***Sadhguru,*** feel the true grace and serenity of this beautiful space come to life. An ***Inner Engineering program*** in ***Kathmandu*** will be a part of this journey.

What makes the Isha Sojourn unique is that in a relaxed, comfortable fashion, you are guided by an experienced, dedicated and caring team in a systematic, disciplined manner according to defined guidelines. These guidelines are based on an inherent belief in caring for people, an understanding of their needs and an expertise in conducting the sojourn over the years. The team will also comprise a Doctor and Volunteers who are well equipped and trained in Medicare.



"This is a space of enormous Grace… enormous! If you feel the power of this place, if you allow yourself to feel the grace of this space, you having been born becomes worthwhile; that's how it is."

- Sadhguru

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Starting Dates for the 16 Day Isha Sojourn

4th, 12th, 16th & 21st of August 2010

For Registration & Further Enquiries

09488 111 333 / 777

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